

## IFSSH Educational Sponsored Activity:

### Workshops conducted during the APFSSH 2025 Congress in Mumbai 10<sup>th</sup> September 2025 The Westin Mumbai Powai Lake, Mumbai. India

From 10<sup>th</sup> to 13<sup>th</sup> September 2025 in Mumbai, the Asian Pacific Federation of Societies for Surgery of the Hand (APFSSH) with 19 member nations held its 14<sup>th</sup> biennial congress along with the 12<sup>th</sup> Annual Congress of Asian Pacific Federation of Societies for Hand Therapy (APFSHT) and 10<sup>th</sup> Annual Congress of Asia Pacific Wrist Association (APWA). The meeting also combined with the 48<sup>th</sup> Annual Conference of the Indian Society for Surgery of the Hand (ISSH) & 12<sup>th</sup> Annual Congress of Society for Hand Therapy, India (SHTI).

The congress was attended by 531 participants from 34 countries. It featured 163 invited faculty, 6 prestigious Orations, 8 hand-on workshops, 14 Morning Master-Classes, 90 ePosters, 125 Free-papers, 8 engaging debates and 3 social events over dinners.

The congress was inaugurated by Mr Jeevesh Kushwah, a triple amputee who has received a double arm transplant.

The IFSSH Committee for Educational Sponsorship, had awarded financial support to conduct workshops for the benefit of 200 potential delegates at 8 Hands-on workshops that were conducted as the opening event of the APFSSH 2025 Congress in Mumbai.

The workshops had a robust organizational structure:

- **In-Charge Workshop Group** - Dr Shailesh Gupta, who oversaw all the workshops and took reports from all the Conveners.
- **Conveners** - Each workshop had one convener, who took care of all the logistics and coordinated with Chair, Co Chair & the faculty as well as the delegates.
- **Chair & Co Chair** - were primarily in-charge of the workshop contents and communicated with the conveners about specific requirements
- **Faculty** - who were involved in actual content delivery and interaction with the delegates at the work stations
- **Industry Partners** – who provided the required materials for the Hands on workshops.

The 8 workshops involved the following personnel:

Workshop	Chairman	Co-Chair	Convener	Delegates
1. Flap Dissection Course	Amresh Baliarsing, India	Uday Bhat, India	Nilesh Satbhai, India	26
2. Suture Anchors in Hand, Wrist and Elbow Surgery	Binu Thomas, India	Toshiyasu Nakamura, Japan	Amit Varade, India	24
3. Distal Radius and Scaphoid Fracture Fixation	Chaitanya Mudgal, USA	Hemant Patankar, India	Prashant Kamble, India	26
4. Hand Fractures Fixation	Prakash Kotwal	Sandeep Sebastin, Singapore	Ashok Ghodke, India	27
5. Tendon repair	Amit Gupta, USA	Samuel Pallapati, India	Kiran M Ladkat, India	21
6. Ultra Sound in Hand Surgery	Sudhir Warriar, India	Ashwin Lawande, India	Bipin Ghanghurde, India	30
7. 3D Printing in Hand Surgery	Sumedh Talwalkar, UK	Anil Bhat, India	Nikita Shetty, India	25
8. Microvascular Training	Samir Kumta, India	Selva Seetharaman, India	Nilesh Satbhai India	31

In addition to the Chair, Co-Chair and Conveners, a total of 60 faculty from different countries took part in the workshops. The faculty did not receive any sponsorship from the participating industry for their Travel, Stay or Congress registration.

**210 delegates from 17 countries participated in the workshops, registering online in advance. Delegates were not charged any fee for the workshops.**

**Here is a glimpse of the workshops in the words of a Chair, a Convener, and a Delegate:**

*Report by Course Chair: Mr. Sumedh Talwalkar, United Kingdom*

*Workshop: 3D Printing in Hand Surgery*

The instructional workshop at APFSSH 2025 was a highly engaging and well-attended event, praised for its practical value, seamless organisation, and expert faculty.

The programme began with focused lectures covering principles of 3D planning, distal radius and forearm malunions, tumour reconstruction, and congenital deficiencies, delivered by an eminent international faculty. This was followed by an interactive hands-on session, where participants rotated through stations on distal radius, forearm malunions, and miscellaneous deformities. The small-group format ensured personalised learning and direct engagement with experts.

Key strengths included the integration of lectures with hands-on training, international perspectives, and consistently excellent participant feedback highlighting clarity, practicality, and interactivity.

The workshop was made possible through the support of KLS Martin, with special appreciation to Mr. Mirza, Mr. Johannes Winker, and their team. The Chairman acknowledged the contributions of the faculty and organisers, with particular gratitude to Dr. Nikita Shetty for her outstanding leadership and meticulous planning.



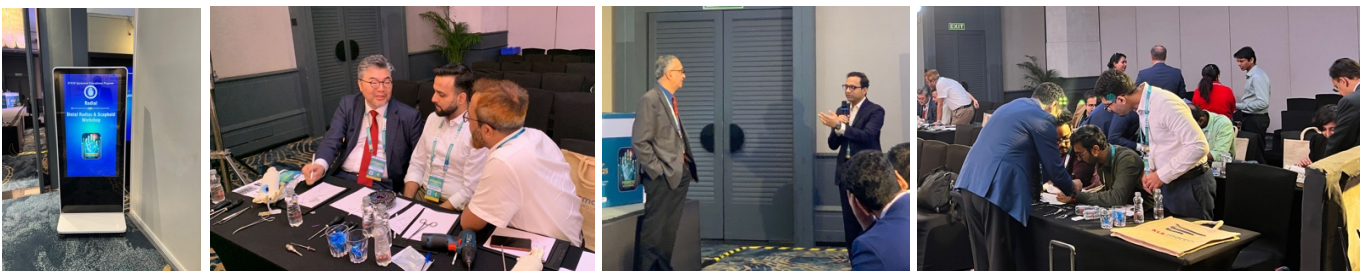
*Report by Workshop Convener: Dr Prashant Kamble, Mumbai, India*

*Workshop: Distal Radius and Scaphoid Fracture Fixation*

The Distal Radius and Scaphoid Workshop was successfully conducted with enthusiastic participation and valuable academic exchanges. Key highlights of the event are as follows:

- **Format & Stations:** 10 stations were set up, each accommodating two participants. The format included faculty demonstration followed by hands-on training.
- **Session Details:**
  1. Distal Radius Workshop- Focused on volar plating and dorsal plating techniques.
  2. Scaphoid Workshop- Began with faculty-led demonstration, followed by hands-on practice about headless compression screw fixation.

The workshop successfully met its objectives of enhancing surgical skills and promoting meaningful academic dialogue, as evidenced by post event interaction with the participants.



Report by Delegate: Dr. Ajin Edwin Hand Surgeon, Kerala, India

Workshop – Suture Anchors in Hand, Wrist & Elbow Surgery



## Reflections on the Excellent Surgical Workshop at APFSSH 2025

To the organizers and faculty of the APFSSH,

I am writing to express my sincere appreciation for the outstanding "Suture Anchor in Hand, Wrist and Elbow" workshop conducted during the APFSSH 2025 conference.

The scientific program was exceptionally well-curated. It commenced with a foundational lecture by Professor Binu Thomas on the evolution and contemporary management strategies for thumb CMC joint arthritis, which was excellently complemented by a video demonstration of the tightrope procedure for the same condition.

The subsequent hands-on session provided invaluable practical experience in mini tightrope application. Following this, a series of three insightful lectures were delivered. Dr. Ram Chidambaram (India) presented on the use of the Internal Brace™ system for thumb ulnar collateral ligament repair. This was followed by Dr. Simon Maclean (New Zealand), who detailed a technique for ligament augmentation with an all-dorsal approach for scapholunate ligament reconstruction using an internal brace. The session concluded with an advanced demonstration by Prof. Toshiyasu Nakamura on arthroscopic TFCC repair utilizing suture anchors.

Each topic was covered with remarkable depth and clarity, and the opportunity to practice these advanced techniques on the provided models was immensely beneficial for all delegates.

Thank you to the APFSSH and all the esteemed faculty members for providing such a valuable and educational opportunity. The workshop was a significant contribution to the continuing professional development of all attendees.



## Glimpses from other workshops:



As President of the Indian Society for Surgery of the Hand (ISSH), the host Society which organised the APFSSH APFSHT APWA Congress of 2025 & as Organising Chairman of the said Congress, I sincerely thank the IFSSH Committee for the Educational Sponsorship and the IFSSH Executive Council for seeing merit in my application for sponsorship and offering US \$10,000 towards the sponsorship of these workshops. Special thanks to Ms Belinda Smith, the Admin Secretary of IFSSH, for her crisp communication and swift transfer of funds.

The workshops were received well by the youngsters who had the opportunity to learn from the global experts in a small group interaction format with Hands on Training modules.

**The IFSSH Sponsorship ensured that we could offer these workshops without any additional costs to the delegates and could involve 84 faculty for 210 delegates, maintaining a very healthy learner-teacher ratio.**

I am happy to provide any more details about the workshops as may be required by the IFSSH.

With gratitude,

Dr Pankaj Ahire

Mumbai, India

27<sup>th</sup> September 2025